

Cabarrus County Senior Games 2016 Information & Registration

April 4 - May 21, 2016

See the Schedule of Events on page 3 for specific information.

Early Bird Deadline - March 9 (save \$5), 5 p.m.

Final Entry Deadline - March 21, 2 p.m.

... for the artist & athlete in you ...



FIND YOUR FIT!
Cabarrus County Active Living and Parks



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For more information, contact:

CABARRUS COUNTY SENIOR GAMES

Susan Donaldson, Local Coordinator

Cabarrus County Senior Center - Concord

Post Office Box 707, Concord, NC 28026-0707

704-920-3484 jsdonaldson@cabarruscounty.us

Special Thanks to

Humana

Cabarrus Senior Games Gold Sponsor

2016 is a qualifying year for National Senior Games! For more information, go to www.nsga.com

General Rules & Information

ELIGIBILITY

To participate in Cabarrus County Senior Games, you must:

- be 50 years of age or older on or before Dec. 31, 2016
- be a resident of Cabarrus County or participate in programs of the Cabarrus County Senior Centers an average of 3 times per month **OR**
- live in a county where an event is not offered **AND**
- be able to show proof of NC residency (minimum of 3 consecutive months of the year)
- **show a photo ID card at each event check-in (required)**

AGE CATEGORIES

A participant's age on December 31, 2016 determines the age category in which they will compete. In most sports, women & men compete separately in the following 5-year increments:

50-54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 - 79,
80 - 84, 85 - 89, 90 - 94, 95 - 99, 100+

In team/doubles competition, age categories are determined by the age of the youngest team member. Competition in the SilverArts will be without regard to age or gender.

FEES FOR THE GAMES

- FULL ENTRY fee \$15 (\$20 after 3/9)
- SilverArts Showcases ONLY entry fee \$8 (\$13 after 3/9)
- EVENT fees (5K Run, Golf, Bowling & Luncheons)
Opening Ceremonies/Events Day luncheons: \$3 each
- GUEST fees:
Opening Ceremonies/Events Day luncheons: \$3 each
Cheerleader Showcase/SilverArts Follies \$5 adult/\$3 child
Closing Ceremonies Dinner/Dance \$15 (limit 1)

Your FULL ENTRY fee includes:

- participation in athletic and/or arts events,
- admission to Pre-Games Clinics/Socials, SilverArts Showcase & Reception, Opening Ceremonies, Closing Ceremonies Dinner Dance, Cheerleader Showcase/SilverArts Follies and Ice Cream Social
- participant t-shirt
- basic entry fee for Senior Games State Finals (if funding is available for those who qualify, register, and return entry form to Cabarrus Senior Games by June 10 at 12 p.m.)

The SilverArts Showcase ONLY entry fees include

- participation in SilverArts Showcases ONLY

ENTRY PROCEDURES

1. Complete and sign required forms (**All participants: pg. 11-13; SilverArts: pg. 14-16; Teams: pg. 10**)
2. Submit Entry Forms, payment and required items (literary arts entry, music, etc.) as specified in the Event Rules & Information Book by published deadline to:
Cabarrus Senior Games, P.O. Box 707,
331 Corban Ave SE, Concord, NC 28026-0707

AWARDS

Athletic events: 1st, 2nd and 3rd place finishers in each age group, male and female, will receive Gold, Silver or Bronze medals at the event sites.

SilverArts: 1st, 2nd and 3rd place finishers in each sub-category will receive Gold, Silver or Bronze medals. Awards for Visual, Heritage and Literary Arts will be presented at the SilverArts Showcase reception. Awards for Performing Arts & Cheerleaders will be presented immediately following the Cheerleader Showcase/SilverArts Follies.

Medals not picked up at scheduled times will be available at the Closing Ceremonies Dinner/Dance or at the Concord Senior Center during business hours.

STATE FINALS QUALIFYING INFORMATION

Athletics: Gold, Silver and Bronze medalists in sanctioned events, in each age category, male and female, qualify to compete at North Carolina Senior Games State Finals. *(Exception: In addition to winning a medal, golfers must also meet minimum performance scores (MPS) to qualify for the State Finals Golf Tournament. See MPS on page 6.)*

SilverArts: Qualifiers in each sub-category are:

Literary Arts	Gold & Silver Medalists
Heritage & Visual Arts	Gold, Silver & Bronze Medalists (if different artists)
Cheerleader Showcase	"Best of Show"
Performing Arts	"Best of Show"

Tournament Events: Qualifiers limited to 3 tournament events at State Finals.

SilverStriders Fun Walk: Successful completion of this event will qualify participants for NCSG State Finals Fun Walk.

INCLEMENT WEATHER PLANS

The decision to continue, delay or reschedule an event due to inclement weather will be made by the Cabarrus County Senior Games Events Director and/or SilverArts Coordinator, in conjunction with the Local Coordinator. Unless conditions are hazardous to the safety of participants and volunteers, events will continue. Call 704-920-3484 for updates. If there is no message regarding cancellation or delay, participants should report to their event site as scheduled. Event Managers will have the latest information.

NOTE: Luncheon tickets are not included with Entry package. Purchase tickets on page 11.

**2016 is a qualifying year for National Senior Games!
For more information, go to www.nsga.com**

2016 Schedule of Events

* Indicates events not offered at NC Senior Games State Finals

Friday, March 4

2 pm.....Pre-Games Social & Clinic: Senior Center - Concord

Wednesday, March 9

5 pm.....Senior Games Registration EARLY BIRD DEADLINE (save \$5)

Wednesday, March 16

9 am.....Senior Health & Wellness Day: Arena & Events Center

Friday, March 18

10 am.....Pre-Games Doubles Social: Senior Center - Concord

Monday, March 21

2 pm.....Senior Games Registration FINAL DEADLINE

Monday, March 28

2 pm.....SilverArts Follies Leader Meeting: Senior Center - Concord

Tuesday & Wednesday, March 29 & 30

10 am.....Pre-Games Practices: Senior Center - Concord

Monday, April 4

11 am.....Opening Ceremonies: Frank Liske Park Amphitheatre

11:30 am.....Opening Ceremonies Luncheon: Frank Liske Park Barn (\$3)

1 pm.....Miniature Golf*: Frank Liske Park

Tuesday, April 5

1:30 pm.....Billiards, Men's: Senior Center - Concord

3-6 pm.....SilverArts Check-In: Senior Center - Concord

Wednesday, April 6

1:30 pm.....Billiards, Women's: Senior Center - Concord

Thursday, April 7

9:30 am.....Bowling Singles: Foxfire Lanes (\$9.30)

1:30 pm.....Basketball Shooting, Badminton: Academy Center

Thursday, April 7 - Tuesday, May 3

9 am - 7 pm ..SilverArts Showcase: Senior Center - Concord

Friday, April 8

9 am.....Cornhole Singles: Senior Center - Concord

Monday, April 11

8:30 am.....5K Race Walk: Harrisburg Town Park

10:30 am.....Croquet: Harrisburg Town Park

Tuesday, April 12 (raindate: April 19)

10 am.....Cycling: Charlotte Motor Speedway

Wednesday, April 13 & Friday, April 22

9 am.....Shuffleboard Singles: Senior Center - Concord

9 am.....Horseshoes: Senior Center - Concord

Thursday, April 14

9:30 am.....Bowling Doubles: Foxfire Lanes (\$9.30)

Friday, April 15

9 am.....Table Tennis: Senior Center - Concord

2 pm.....Swimming: YMCA - West Cabarrus Branch

Sunday, April 17

3:30 pm.....SilverArts Follies Rehearsal: Concord Middle School

Monday, April 18

6:30 pm.....Cheerleading/SilverArts Follies: Concord Middle School

Tuesday, April 19

2 pm.....Racquetball: YMCA Kannapolis

Wednesday, April 20

9 am.....Bocce Singles, Men's: Senior Center - Concord

Thursday, April 21

9:30 am.....Bowling Mixed Doubles: Foxfire Lanes (\$9.30)

5:30 pm.....Shuffleboard Singles (ages 50-59): Senior Center - Concord

5:30 pm.....Horseshoes Singles (ages 50-59): Senior Center - Concord

Friday, April 22

9 am.....Shuffleboard Singles, Women's: Senior Center - Concord

9 am.....Horseshoes Singles, Men's: Senior Center - Concord

Monday, April 25

9 am.....Bocce Singles, Women's: Senior Center - Concord

Tuesday, April 26 (raindate: May 3)

9:30 am.....Golf Tournament: Monroe Country Club (\$40)

5:30 pm.....Bocce Singles (ages 50-59): Senior Center - Concord

5:30 pm.....Cornhole Singles (ages 50-59): Senior Center - Concord

Wednesday, April 27

9 am.....Pickleball Singles/Doubles/Mixed Doubles: Hartsell Rec Ctr

Friday, April 29

9 am.....SilverStriders Fun Walk: Concord Middle School

9:30 am.....Race Walking & Track Events: Concord Middle School

10:30 am.....Discus, Shot Put, Long Jumps: Concord Middle School

Monday, May 2

9 am.....Shuffleboard Doubles*: Senior Center - Concord

Tuesday, May 3

6 pm.....SilverArts Reception/Awards: Senior Center - Concord

7 - 8 pm.....SilverArts Showcase Pick-Up: Senior Center - Concord

Wednesday, May 4 (raindate May 9)

9 am.....Cornhole Mixed Doubles*: Les Myers Park

9 am - 12 pm Softball & Football Throw, Spin Casting: Les Myers Park

12 pm.....Lunch: Les Myers Park (\$3.00)

Thursday, May 5

9 am.....Bocce Doubles*: Senior Center - Concord

Friday, May 6

10 am.....Disc Golf Tournament*: Frank Liske Park

Tuesday, May 10

9 am.....Bocce Mixed Doubles*: Senior Center - Concord

Wednesday, May 11 (raindate May 25)

1 pm.....Archery: Mecklenburg Wildlife Club, Charlotte

Thursday, May 12

9 am.....Shuffleboard Mixed Doubles*: Senior Center - Concord

Friday, May 13

9 am.....Cornhole Doubles*: Senior Center - Concord

Friday, May 20

9 am.....Tennis Singles, Doubles, Mixed Doubles: Sportscenter

Saturday, May 21

6 pm.....Closing Ceremonies Dinner Dance: Senior Center - Concord

Saturday, June 4

9:30 am.....5K Run: Frank Liske Park (\$12)

Tuesday, June 7

2 pm.....Ice Cream Social: Senior Center - Concord

Senior Games Special Events

Cabarrus Senior Games involves more than just participating in the arts & athletics! There is a variety of social, training and educational events included. Join us for this "Celebration of the Human Spirit"!

Pre-Games Social & Clinic: March 4, 2 pm ... Senior Center - Concord

Learn more about some of the events that will be a part of the Games -- horseshoes, shuffleboard, billiards, cornhole and bocce. Take time at this event to try something new, complete your Entry Form and enjoy old and new friends!

Senior Health & Wellness Day: March 16, 9 am - 1 pm ... Cabarrus Arena & Events Center

LOTS of information on wellness programs and events available to older adults in Cabarrus County.

Healthy tasting options will be available. Come by the Senior Games booth and try out a couple of events & get registered!

Pre-Games Doubles Social: March 18, 10 am ... Senior Center - Concord

Come practice with your doubles partner or meet potential doubles partners for bocce, cornhole and shuffleboard.

Pre-Games Practices: March 29 & 30, 10 am ... Senior Center - Concord

One last chance to practice before the games begin for billiards, bocce, cornhole, horseshoes and shuffleboard.

Opening Ceremonies: April 4, 11 am ... Frank Liske Park

Join us as we "kick off" the Games! Enjoy the torchlighting, cheerleaders and fun as we get into the spirit of the Games! Lunch follows (\$3 advance ticket required) at 11:30 am at the barn.

SilverArts Showcase: April 7 - May 3, Senior Center Hours ... Senior Center - Concord

Come and see the display of visual, heritage and literary arts talents of area older adults. OPEN to the public.

Cheerleader Showcase & SilverArts Follies: April 18 ... Concord Middle School

Enjoy the Cheerleaders and SilverArts Performers, then stay for the awards. Concessions available beginning at 5 pm. Admission included with Full Entry Fee (if requested) for participants. *Guest tickets may be purchased for \$5.00 (adults) or \$3.00 (children 12 & younger) on the Entry Form, at the Cabarrus County Senior Centers, or at the door (if available).*

Closing Ceremonies Dinner Dance: May 21, 6 pm ... Senior Center - Concord

All participants are invited to attend this final games event. We'll officially close the games and then enjoy dinner and dancing. Ticket included with Full Entry Fee (if requested) for participants. *Guest tickets may be purchased for \$15.00 on the Entry Form or at the Concord Senior Center until Friday, May 8 (if available); limit 1 per Senior Games participant.*

Ice Cream Social: June 7, 2 pm ... Senior Center - Concord

Enjoy some ice cream with your favorite toppings with old and new friends. Make an appointment and register for State Finals competition.

ADDRESSES OF EVENT & ACTIVITY VENUES

Academy Recreation Center 147 Academy Avenue, NW, Concord	Foxfire Lanes 225 Security Street, Kannapolis	Mecklenburg Wildlife Club 2301 Wildlife Road, Charlotte
Cabarrus Arena & Events Center 4751 NC Highway 49 N, Concord	Frank Liske Park 4001 Stough Road, Concord	Monroe Country Club 1680 Pageland Hwy, Monroe
Cabarrus County Senior Center - Concord 331 Corban Avenue, SE, Concord	Harrisburg Town Park 191 Sims Parkway, Harrisburg	Sportscenter 233 Country Club Drive, Concord
Charlotte Motor Speedway 5555 Concord Parkway, S, Concord	Hartsell Recreation Center 60 Hartsell School Rd SW, Concord	YMCA Kannapolis 101 YMCA Dr, Kannapolis
Concord Middle School 1500 Gold Rush Drive, Concord	Les Myers Park 338 Lawndale Avenue, SE, Concord	YMCA West Cabarrus Branch 5325 Langford Avenue, NW, Concord

This program is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.

Cabarrus Senior Games is coordinated by Cabarrus County Active Living & Parks and the Parks & Recreation Departments of Harrisburg, Concord and Kannapolis.

Event Rules & Information

INFORMATION FOR ALL EVENTS...

- Report directly to your event site at least 15 minutes prior to the event start time. (Exception: golfers should report 30 minutes prior to start time.) Events will begin on time. Failure to report at the match time may result in a forfeit.
- Participants must compete and score to be eligible for an award and to qualify for State Finals (no score necessary for tournament and team sports).
- Ties will be decided in all events except cycling, race walking, swimming and track.
- TOURNAMENT EVENTS, particularly Bocce, Horseshoes and Shuffleboard, will have specific start times for age groups. Players will be notified of their age group start time prior to the tournament.
- In Doubles, Mixed Doubles and Team events, the age of the youngest player determines age group for competition. If a partner/team member cannot attend State Finals, another partner/team member may be substituted who qualified at a local games. Substitute team members must also be approved in writing by both team captains.
- NCSG rules can be found at www.ncseniorgames.org/rulesbook2016.pdf and take precedence over national governing bodies rules.

*Indicates events NOT offered at NCSG State Finals.

5K RUN -- June 4, 9:30 am -- Frank Liske Park, 4001 Stough Rd, Concord. Additional event fee of \$12 is required. Cabarrus Senior Games 5K will be conducted as a part of the 5K sponsored by the Cabarrus County Active Living & Parks Department. Volunteers will assist with course direction.

ARCHERY -- May 11 (raindate: May 25), 1 pm -- Mecklenburg Wildlife Club, 2301 Wildlife Rd, Charlotte. Conventional - Recurve Bare Bow, Conventional - Recurve with Site, Conventional - Recurve with Site and Release Aid, Compound - Bare Bow, Compound - with Site, Compound - with Site and Release Aid. National Archery Association equipment rules apply to the conventional bowshooter. National Field Archery Association rules apply to the compound bowshooter. Field glasses and/or scopes are permitted for spotting arrow hits. No broadheads will be permitted. Sixty (60) arrows will be shot (20 arrows from 60 yards, 20 arrows from 50 yards, 20 arrows from 40 yards -- 4 ends of 5 arrows at each distance). ONLY targets are provided.

BADMINTON -- April 7, 1:30 pm -- Academy Recreation Center, 147 Academy Ave, NW, Concord. Singles, Doubles, Mixed Doubles. USA Badminton rules apply. Matches will be the best of 3, 21-point games.

BASKETBALL SHOOTING -- April 7, 1:30 pm -- Academy Recreation Center, 147 Academy Ave NW, Concord. 3 shots will be taken from each of 6 specific locations for a total of 18 shots. Each basket will count 1 point.

BILLIARDS -- April 5 (Men), 1:30 pm; April 6 (Women), 1:30 pm -- Senior Center - Concord, 331 Corban Ave, SE, Concord. Eight Ball. NCSG Eight Ball rules will apply. The player pocketing his/her group of balls first, and then legally pocketing the eight ball, wins. Competition will be best of 3 games, 15 minute time limit per game. Winner of the coin toss determines who breaks.

BOCCE -- Singles -- April 20, 9 am (Men) -- April 25, 9 am (Women) -- April 26 (ages 50-59), 5:30 pm; Doubles* -- May 5, 9 am; Mixed Doubles* -- May 10, 9 am -- Senior Center - Concord, 331 Corban Ave, SE, Concord. Bocce Standards Association rules will govern play with some NCSG modifications. Each game is divided into a maximum of 5 frames OR first person to score 7 points, whichever comes first. A coin toss will determine who chooses color and throws the pallino first. Matches will be best of 3 games. Doubles & Mixed Doubles are not NCSG sanctioned events and not offered at State Finals.

BOWLING -- Singles -- April 7, 9:30 am; Doubles -- April 14, 9:30 am; Mixed Doubles -- April 21, 9:30 am -- Foxfire Lanes, 225 Security St, Kannapolis. Additional fee of \$9.30 is required per event. US Bowling Congress rules will govern play. Scores will be determined by the scratch total for the 3 games bowled. In Doubles & Mixed Doubles, scores will be determined by the combined scratch total for the team; both players must score to win.

CORNHOLE -- Singles -- April 8, 9 am -- April 26 (ages 50-59), 5:30 pm; Doubles* -- May 13, 2 pm -- Senior Center - Concord, 331 Corban Ave, SE, Concord; Mixed Doubles* -- May 4, 9 am -- Les Myers Park, 338 Lawndale Ave, Concord. NCSG rules will govern play. Each game is played to a maximum of 7 frames OR first person to score 21 points, whichever comes first (inning must be completed). Bag cancellation method will apply. Matches will be best of 3 games. Winner of coin toss chooses side, order and bag color.

CROQUET -- April 11, 10:30 am -- Harrisburg Town Park, 191 Sims Parkway, Harrisburg. NCSG rules will apply.

**Visit www.ncseniorgames.org
for rules details!**

Event Rules & Information, cont.

CYCLING -- April 12 (raindate: April 19), 10 am -- Charlotte Motor Speedway, 5555 Concord Parkway, S, Concord. 1 Mile, 5K, 10K. Participants must provide their own equipment (non-motorized bicycle, protective helmet -- required). US Cycling Federation rules apply. Start will be in 1-minute intervals - time trial start (participants race clock). Recumbent bicycles are not allowed.

DISC GOLF* -- May 6, 10 am -- Frank Liske Park, 4001 Stough Road, Concord. Scratch. Played similarly to golf with flying discs. One stroke counted for each disc thrown. Low gross score will determine winner.

FIELD EVENTS -- April 29, 10:30 am -- Concord Middle School, 1500 Gold Rush Dr, Concord. Discus, Shot Put, Running Long Jump, Standing Long Jump. USA Track & Field rules will govern competition with some NCSG modifications.

Shot Put: 3 "puts" will be taken from within the shot put circle. The best "put" will count as the final score. Weights are: 2 Kg - women 75+; 3 Kg - women 50-74 and men 80+; 4 Kg - men 70+; 5 Kg - men 60-69; 6 Kg - men 50-59.

Discus: 3 throws will be taken from within the discus circle. The best throw will count as the final score. Weights are: .75 Kg - women 75+; 1 Kg - women 50-74 and men 60+; 1.5 Kg - men 50-59.

Standing Long Jump: 3 jumps will be taken from a 2-foot stationary take off from behind a 2-inch scratch line. Measurement -- back of scratch line to nearest point in which any body part breaks sand. Longest jump is final score.

Running Long Jump: 3 jumps will be taken from a 1-foot running take off board. Measurement -- back of scratch line to nearest point in which any body part breaks sand. Longest jump is final score.

GOLF -- April 26 (raindate: May 3), 9:30 am -- Monroe Country Club, 1680 Pageland Hwy, Monroe. Scratch. An additional event fee of \$40 is required. USGA and local course rules will apply. Equipment is responsibility of players. Golfers play 18 holes (9 holes for 90+) and are on their honor to play ethically. Low gross score will determine winners. **To qualify for State Finals, golfers need to meet a minimum performance score (MPS) - and finish in the top 3 in their age group. MPS is available from your Coordinator and in the NCSG Rules Book located at www.ncseniorgames.org.**

Male	50-59	(88)	Female	50-59	(97)
	60-64	(91)		60-64	(99)
Male	65-69	(93)	Female	65-69	(102)
	70-74	(95)		70-74	(105)
	75-79	(99)		75-79	(109)
	80-84	(103)		80-84	(113)
	85-89	(108)		85-89	(118)
	90+	(9 hole) (57)		90+	(9 hole) (61)

HORSESHOES -- April 13, 9 am (Women), April 21, 5:30 pm (ages 50-59), & April 22, 9 a.m. (Men), Senior Center - Concord, 331 Corban Ave, SE, Concord. National Horseshoe Pitcher's Association rules will apply with some NCSG modifications. A match will consist of the best of 3 games, 20 shoes per game per pitcher or 21 points, whichever comes first. The cancellation method of scoring will be utilized. Coin toss will determine choice of first pitch. Pitching distances: 40 feet - men 50 - 69, 30 feet - men 70+ and women 50 - 74, 20 feet - women 75+.

MINIATURE GOLF* -- April 4, 1 pm -- Frank Liske Park, 4001 Stough Road Concord. Scratch. Golfers will play 18 holes. Lowest score will determine winners. Equipment will be provided by Frank Liske Park Staff.

OPEN EVENTS -- May 4 (raindate: May 9), 9 am - 12 noon -- Les Myers Park, 338 Lawndale Ave, SE, Concord.

Football Throw: 5 throws will be taken from 2 different distances for a total of 10 throws. Football must pass through the target to count. Each successful throw from the lesser distance will count 10 points, from the greater distance 20 points. Distances are: 10 & 15 yards - men 50 - 69; 5 & 10 yards - men 70+; 5 & 7.5 yards - all women.

Softball Throw: 5 throws will be taken using a 12" softball. Each score will be the distance minus the accuracy (distance away from the marked line). Best throw will count as final score.

Spin Casting: 5 casts will be taken towards each of 3 targets at distances of 30, 40 and 50 feet, for a total of 15 casts. 3 points will be awarded for a weight that hits the target and 5 points for a weight (3/8 to 5/8 oz.) passing through a target.

PICKLEBALL -- April 27, 9 am -- Hartsell Recreation Center, 60 Hartsell School Rd, SW, Concord. Singles, Doubles and Mixed Doubles. USA Pickleball Association Rules will govern play. Matches will be best of 3 games to 11 points or one game to 15 points. Two point minimum margin required for win. Paddles not provided.

RACE WALKING -- 5K RACE WALK -- April 11, 8:30 am -- Harrisburg Town Park, Sims Parkway, Harrisburg; 1500-meter RACE WALK -- April 29, 9:30 am -- Concord Middle School, 1500 Gold Rush Dr, Concord. USA Track & Field rules will apply. Race walking is a progression of steps taken so that unbroken contact with the ground is maintained. Race walkers must wear attire that leaves the knees exposed or enables the judges to see knee extension. Disqualification will occur if, in the opinion of 3 judges, a competitor fails to comply with the race walking definition.

Visit www.cabarruscounty.us/ALP for additional program and event information!

Event Rules & Information, Cont.

RACQUETBALL -- April 19, 2 pm -- YMCA - Kannapolis.

Singles. Racquetball Association rules will govern play. Matches will be best of 3 games. The first 2 games will be played to 15 points, and, if necessary, the third game to 11 points. Eye guards or shatterproof glasses are mandatory and the responsibility of the player. Participants will be notified of pairings to schedule matches at their convenience. Matches will be self-officiated.

SHUFFLEBOARD -- Singles -- April 13, 9 am (Men) --

April 21, 5:30 pm (ages 50-59) -- April 22, 9 am (Women);

Doubles* -- May 2, 9 am; Mixed Doubles* -- May 12, 9 am

-- Senior Center - Concord, 331 Corban Ave, SE, Concord.

NCSG rules will govern play. Preliminary matches will be best of 3 games of 8 frames. Medal round matches will be best of 3 games of up to 12 frames. Participants will shoot 4 discs each per frame. Only discs completely within the lines will score. Discs touching any part of the line, except for 10-off area, will not be scored.

SILVERSTRIDERS FUN WALK -- April 29, 9 am -- Concord Middle School, 1500 Gold Rush Dr, Concord. One-mile non-competitive walk. Participants who complete the event will qualify for the NCSG State Finals Fun Walk.

SWIMMING -- April 15, 2 pm -- YMCA West Cabarrus

Branch, 5325 Langford Ave, NW, Concord -- 50, 100, 200 yard Backstroke; 50, 100, 200 yard Breaststroke; 50, 100, 200 yard Butterfly; 50, 100, 200, 500 yard Freestyle; 100, 200, 400 yard Individual Medley. USA Swimming rules will govern events. Swimmers are limited to 6 races. In all events, except backstroke, swimmers have their choice of "in-water" or "diving" start. All backstroke swimmers must start in the water.

TABLE TENNIS -- April 15, 9 am -- Senior Center, - Concord,

331 Corban Ave, SE, Concord. Singles, Doubles, Mixed Doubles. USA Table Tennis rules will govern play. Participants must avoid wearing white or distracting multi-colored shirts. Matches will be best of 3 games to 11 points. Knowledge of a legal serve is mandatory. If unsure, request observation of service motion prior to first match.

TEAM SPORTS -- Age of youngest participant will determine age group in which the team will compete. Team members must qualify together in order to compete in NCSG State Finals, unless an additional member is approved in writing by both team captains. Team members must provide personal equipment. Tournament pairings will be given to team captains after the Final Entry Deadline.

BASKETBALL 3-on-3 -- Dates/times/location TBD.

NCAA rules will govern play. Game will be played half court with 2 teams of 3 players each and will consist of two 10-minute halves with a running clock, except during last 2 minutes of game when clock will stop in accordance with normal basketball rules. A 20-second clock will be used.

SOFTBALL -- Dates/times/location TBD. American Softball Association (ASA) rules will govern play with some NCSG modifications: Minimum # of players per team: men 50+, 55+, 60+ - 9; men 65+, 70+, 75+ and all women - 10. Length of game shall be 7 innings or 1 hour and 15 minutes.

TENNIS -- May 20, 9 am -- Sportscenter, 233 Country Club Drive, Concord. Singles, Doubles, Mixed Doubles. USTA rules will govern play with some NCSG modifications. Matches will be an 8-game pro set or best of 2 out of 3 sets, determined by the Event Management team. The 12-point tiebreaker will be in effect when the set is tied at 6-all. In Doubles and Mixed Doubles, the age of the youngest participant will determine age group of team. Participants will be notified of pairings and will schedule matches at their convenience. Matches will be self-officiated.

TRACK EVENTS -- April 29, 9:30 am -- Concord Middle School, 1500 Gold Rush Dr, Concord. 50, 100, 200, 400-meter Dashes; 800, 1500-meter Runs. USA Track & Field rules, including Article VI, Section II (Masters athletics), will govern competition. A waterfall start will be used for the 800 and 1500-meter Runs; lanes will not be utilized. For all other events, lane assignments will be used and runners must remain in their lanes during the race.

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For more information, go to www.nsga.com

National Sports Organizations
Available at www.ncseniorgames.org

2016 NORTH CAROLINA SENIOR GAMES

AUGUST 1, 11:59 pm

NCSG State Finals Entry Deadline: NCSG Office

NO EXCEPTIONS!

August 30-September 1: Pickleball Tournament, Concord

October 4-5: Golf Tournament, Clemmons

October 24-26: Softball Tournament, Raleigh

September 26-October 2: NCSG State Finals, Raleigh/Cary

October 5-6: Bocce & Cornhole Tournament, Clayton

TBD: 3-on-3 Basketball Tournament, Greenville

SilverArts Rules & Information

INFORMATION FOR ALL SILVERARTISTS...

- EACH artist/performer must complete a Senior Games Entry Form and SilverArts Information Form and return them to the Senior Center - Concord by the entry deadline of 2:00 p.m. on March 21.
- Entries must be the original work of the artist and must have been completed within 2 years of the local games qualifying date (December 31, 2016).
- SilverArts is designed as a family-oriented program. Content of entry should not discriminate against any race, creed, religion or political affiliation.
- NCSG SilverArts category requirements apply. Only one qualifying entry per subcategory per artist will be accepted at State Finals. NCSG SilverArts rules may be found at www.ncseniorgames.org/sabooklet.pdf.

*Indicates sub-categories NOT eligible for NCSG State Finals. See page 2 for NCSG State Finals qualifying information.

FOR ALL PERFORMING ARTISTS & CHEERLEADERS

- Group leaders and soloists must complete the SilverArts Group Entry Form and submit it with their Senior Games Entry Packet by the entry deadline. The group leader must be a legally registered participant.
- If a CD is used, it must be of **high** quality and must be the **first or only** music on the CD; **recorded music must be submitted with the Group Entry Form.**
- Timing on stage begins with the first note of music or the first visible movement and ends with the last note of music, last visible movement, or exit of the last performer/cheerleader.
- **A performance may not be repeated in a subsequent CSG Follies until at least 3 years have past.**
- Cabarrus Senior Games will provide: piano/keyboard, sound system, 2 microphones. ALL other equipment/props are the responsibility of the performer/group/act.
- Cheerleaders/performers must enter stage right and exit stage left or begin and end on stage.
- No live animals, except service animals, allowed.
- **A mandatory group leaders meeting will be held on March 28, 2 pm at the Senior Center - Concord.**
- Rehearsal will be held on April 17, 3:30 pm at Concord Middle School.
- A cheerleader/performer **MUST** perform on stage in order to receive an award and qualify for State Finals.
- Guest tickets for the Cheerleader Showcase/SilverArts Follies may be purchased on the Senior Games Entry Form, at the Cabarrus County Senior Centers, or at the door (if available). Concessions will be available at 5pm.
- Awards will be announced following the Cheerleader Showcase/SilverArts Follies and presented in the lobby of Concord Middle School.
- In Cheerleading & Performing Arts, partners or team members qualifying for the NCSG State Finals must compete together.
- Performers may not be involved in more than 3 Follies and 1 Cheerleader performance in a show.

PERFORMING ARTS -- April 18, 6:30 pm --

Concord Middle School, 1500 Gold Rush Dr, Concord

Sub-Categories: Comedy/Drama, Dance, Instrumental,
Line Dance, Vocal

Format/Rules:

- Size categories for Performing entries are as following:
Soloist Small Group (2 - 4)
Medium Group** (5 - 9) Large Group (10+)
- Acts are limited to a maximum of 3 minutes of performing time.
- Performers may perform in only one (1) act per size category in each sub-category.
- Voice presentations must be live. Background music may be recorded, but lip-synching is prohibited.
- Recorded instructions are not allowed.
- An accompanist must be registered and counted as a participant.
- Performances are judged on creativity, execution, presentation and technique.

****At NCSG State Finals, performing arts groups numbering 5 or more will perform as large groups.**

CHEERLEADER SHOWCASE -- April 18, 6:30 pm --

Concord Middle School, 1500 Gold Rush Dr, Concord

Format/Rules:

- Cheerleader entries may be one of the following:
 - Small Group (2 - 4 cheerleaders)
 - Medium Group (5 - 9 cheerleaders)
 - Large Group (10+ cheerleaders)
- Routines are limited to a maximum of 4 minutes of performing time.
- Use traditional cheerleading format: "lead" a cheer or present a pom-pom or flag routine.
- Performances are judged on routine/presentation, showmanship/enthusiasm, uniform and technique.

SilverArts Rules & Information, cont.

SILVERARTS SHOWCASE -- April 7 - May 3, 9 am - 7 pm,
Mondays - Thursdays and 9 am - 5 pm Fridays -- Senior
Center - Concord, 331 Corban Ave, SE, Concord.

SILVERARTS SHOWCASE AWARDS PRESENTATION

-- May 3, 6 p.m. -- Senior Center - Concord, 331 Corban
Ave, SE, Concord.

FOR ALL VISUAL, LITERARY & HERITAGE ARTISTS

- Artist's name, sub-category and the title of entry must be attached to the artwork.
- Entries must be the work of an individual, not a group.
- **Framed** artwork **must** be securely wired, ready to be hung (no serrated hooks or string). Dimensions of framed entries must not exceed 36" x 42".
- Freestanding entries must not exceed 3 ft. x 3 ft. x 5 ft. display area.
- Artwork must weigh no more than 50 pounds
- Groupings/sets may not have more than 3 separate pieces. Objects within each piece of the set must be connected to or contained within one of the 3 pieces.
- No more than 3 entries will be accepted in any one Visual or Heritage Arts sub-category.
- Entries for Heritage & Visual Arts Showcase must be checked in April 5, 3-6 pm and picked up May 3, 7-8 pm at the Senior Center - Concord. Cabarrus County is not responsible for entries left before or after these dates.

HERITAGE ARTS

Sub-Categories: Basket Weaving, China Painting, Crocheting, *Flower Arranging (fresh), *Flower Arranging (artificial), *General Craft, Jewelry, Knitting, Needlework, Pottery (hand built or thrown), Quilting, Rugs (hooked, braided, woven), *Scrapbooking, Stained Glass, Tatting & Needlelace, Tole & Decorative Painting, Weaving, Woodcarving, Woodturning, Woodworking.

Format/Rules:

- Patterns may be used, but stamped work is not allowed.
- Latch hook rugs and pieces from ceramic molds do not qualify.
- Judged scrapbook pages may not exceed 5. Complete scrapbooks may be entered with pages to be judged clearly tabbed.
- Cabarrus Senior Games SilverArts Committee reserves the right to dispose of wilted flowers after judging.
- Entries are judged on color, composition, eye appeal, function, proportions and production/skill/workmanship.
- Pottery must be hand-built or thrown.

VISUAL ARTS

Sub-Categories: Acrylics, Drawing, Mixed Media, Oil, Pastels, Photography, *Recycled Art, Sculpture, Watercolor

Format/Rules:

- Artwork, except sculpture and recycled art, must be framed and securely wired for hanging.
- Recycled art entries must be made from recycled materials, i.e. plastic, cardboard, aluminum, etc.
- Entries will be judged based on color, composition, eye appeal, originality, perspective and technique

LITERARY ARTS

Sub-Categories: Essay, Life Experience, Poem, Short Story-Fiction

Format/Rules:

- All entries must:
 1. have a separate title page that includes title of work, sub-category and name of artist. The artist's name may not appear on subsequent pages.
 2. be typed and double-spaced.
 3. have minimum font size of 10 point.
 4. be printed on 8 1/2 x 11 paper with minimum of 1" margins.
 5. be submitted with Entry Forms by final registration deadline of March 21 at 2 p.m.
- Poems must be no longer than 40 lines.
- Short Stories, Essays, and Life Experiences must be no longer than 8 pages.
- Copy of work should be of high quality and reproducible.
- No bound, framed or matted entries accepted.
- Literary Entries **MUST** be included with the Senior Games Entry Form by the final registration deadline.
- No more than 3 entries in a sub-category will be accepted.
- Entries are judged based on creativity, message conveyed by words, rhythm/flow/readability and technique

*Indicates sub-categories NOT eligible for State Finals.

In accordance with ADA regulations, anyone in need of reasonable accommodations to participate in any program should call the ADA liaison at 704-920-3484 at least two weeks prior to the program.

Team Roster Form

Team Captains (**Basketball 3-on-3 and Softball ONLY**) must complete this form and submit by the published deadline. Only team members listed below who also complete the Individual Entry and Personal Information Forms with payment by the published deadline will be eligible to compete for the team below. **All information must be completed.**

TEAM Name: _____

Team Captain Name: _____

Contact Information: Home Phone: _____ Cell Phone: _____

Email address: _____

Mailing address & Zip: _____

SPORT: ☐ **Basketball 3-on-3 (9 players maximum)** ☐ **Softball (20 players maximum)**

ROSTER: EACH member of a team must complete required forms and submit with payment fee by the published deadline.

Player 1: _____ Phone: _____

Player 2: _____ Phone: _____

Player 3: _____ Phone: _____

Player 4: _____ Phone: _____

Player 5: _____ Phone: _____

Player 6: _____ Phone: _____

Player 7: _____ Phone: _____

Player 8: _____ Phone: _____

Player 9: _____ Phone: _____

Player 10: _____ Phone: _____

Player 11: _____ Phone: _____

Player 12: _____ Phone: _____

Player 13: _____ Phone: _____

Player 14: _____ Phone: _____

Player 15: _____ Phone: _____

Player 16: _____ Phone: _____

Player 17: _____ Phone: _____

Player 18: _____ Phone: _____

Player 19: _____ Phone: _____

Player 20: _____ Phone: _____

Team Captain Signature

Date

Cabarrus County Senior Games

Entry Form

BEFORE you submit the Entry Form, make sure you:

1. Complete required forms, including signature and date as indicated, partner names for doubles events, etc.
2. Check ALL the EVENTS in which you want to participate; no registration changes after Final Entry Deadline
3. Include any required documents, etc. with entry (literary arts entry, recorded performing arts/cheerleading music, etc.)
4. Submit ALL forms and attachments with payment by 2 pm on March 21, 2016 (Save \$5 - submit by March 9, 5 pm)

Last Name _____ First Name _____ M.I. _____
 Date of Birth _____ Age (as of 12/31/2016) _____ Gender (check one) ☐ Male ☐ Female
 Mailing Address _____ City _____ NC Zip _____
 Primary Phone _____ Alternate Phone _____
 Emergency Contact's Name _____ Phone(s) _____
 Emergency Contact's Name _____ Phone(s) _____
 Email _____

T-shirt Size (check one) ☐ Men's ☐ Women's (circle only one) S M L XL 2XL 3XL

ENTRY, EVENT & OTHER FEES:

Entry Fees: ☐ FULL Entry Fee: \$ 15.00 (\$20.00 after March 9) = _____

I will participate in &/or attend: these events are included with Full Entry Fee IF requested here

☐ Cheerleader Showcase/SilverArts Follies: April 18 - Concord Middle School (check here to reserve a seat)

☐ Closing Ceremonies/Dinner/Dance: May 21 - Senior Center - Concord (request your ticket to attend)

☐ SilverArts Showcases ONLY Entry Fee: \$ 8.00 (\$13 after March 9) = _____
 (Heritage, Literary & Visual Arts entry ONLY)

Event Fees: ☐ Opening Ceremonies Lunch: \$ 3.00 x _____ (# of tickets) = _____

☐ Events Day at Myers Park Lunch: \$ 3.00 x _____ (# of tickets) = _____

☐ Bowling \$ 9.30 x _____ (# of events) = _____

☐ Golf (green fees, cart & meal included) \$ 40.00 = _____

☐ 5K Run \$ 12.00 = _____

☐ Closing Ceremonies Guest (limit 1) \$ 15.00 = _____

☐ Follies Guest Ticket (adult) \$ 5.00 x _____ (# of tickets) = _____

☐ Follies Guest Ticket (child 12 & under) \$ 3.00 x _____ (# of tickets) = _____

Other Fees: ☐ Extra T-Shirt (size _____) \$ 12.00 x _____ (# of shirts) = _____

☐ Zip Hoodie Sweatshirt (size _____) \$ 29.00 x _____ (#) 2XL/3XL: add \$2 = _____

Donation: Want to support Cabarrus County Senior Games? Specify your donation here = _____

TOTAL

= _____

Make checks payable to Cabarrus County Senior Games

Mail to PO Box 707, Concord, NC 28026-0707; Do NOT mail cash

(\$25 service fee assessed for returned checks); MasterCard and VISA accepted

Refund requests must be received in writing by April 1.

Official Use Only

Amount paid: _____

Receipt #: _____

Staff Initials: _____

Individual Entry Form

Cabarrus Senior Games is committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regard to preparation for, and competition in, Senior Games or any similar activity. To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete. Doubles = same gender; Mixed Doubles = one of each gender.

Prior to selecting your events, please review the CSG Registration Packet, including the comprehensive schedule.

Mark each event with an "X". Complete ALL pages. --- * Events NOT offered at NCSG State Finals.

Name _____

INDIVIDUAL SPORTS

- ☐ Archery Conventional - Recurve Bare Bow
- ☐ Archery Conventional - Recurve with Site
- ☐ Archery Conventional - Recurve with Site & Release Aid
- ☐ Archery Compound - Bare Bow
- ☐ Archery Compound - with Site
- ☐ Archery Compound - with Site & Release Aid
- ☐ Basketball Shooting
- ☐ Bowling - Singles (\$9.30)
- ☐ Bowling - Doubles (\$9.30) (Partner _____)
- ☐ Bowling - Mixed Doubles (\$9.30) (Partner _____)
- ☐ Cycling - 1 mile
- ☐ Cycling - 5K
- ☐ Cycling - 10K
- ☐ Football Throw
- ☐ Softball Throw
- ☐ Spin Casting

Swimming (Limit 6 Events)

- ☐ 50 yard Backstroke
- ☐ 50 yard Breaststroke
- ☐ 50 yard Butterfly
- ☐ 50 yard Freestyle
- ☐ 100 yard Backstroke
- ☐ 100 yard Breaststroke
- ☐ 100 yard Butterfly
- ☐ 100 yard Freestyle
- ☐ 200 yard Backstroke
- ☐ 200 yard Breaststroke
- ☐ 200 yard Butterfly
- ☐ 200 yard Freestyle
- ☐ 500 yard Freestyle
- ☐ 100 yard Individual Medley
- ☐ 200 yard Individual Medley
- ☐ 400 yard Individual Medley

Track Events

- ☐ SilverStriders Fun Walk
- ☐ 1500 meter Race Walk
- ☐ 5K Race Walk
- ☐ 50 meter Dash
- ☐ 100 meter Dash
- ☐ 200 meter Dash
- ☐ 400 meter Dash
- ☐ 800 meter Run
- ☐ 1500 meter Run
- ☐ 5K Run (must also complete road race Entry Form) (\$12)

Field Events

- ☐ Discus
- ☐ Shot Put
- ☐ Running Long Jump
- ☐ Standing Long Jump

TEAM EVENTS (Attach completed Team Roster Form)

- ☐ Basketball 3-on-3 (attach roster pg. 10; 9 players maximum)
- ☐ Softball (attach roster pg. 10; 20 players maximum)

TOURNAMENT EVENTS

- ☐ Badminton - Singles
- ☐ Badminton - Doubles (Partner _____)
- ☐ Badminton - Mixed Doubles (Partner _____)
- ☐ Billiards
- ☐ Bocce - Singles
- ☐ *Bocce - Doubles (Partner _____)
- ☐ *Bocce - Mixed Doubles (Partner _____)
- ☐ Cornhole - Singles
- ☐ *Cornhole - Doubles (Partner _____)
- ☐ *Cornhole - Mixed Doubles (Partner _____)
- ☐ Croquet
- ☐ *Disc Golf
- ☐ Golf (Average _____) (\$40.00)
- ☐ Horseshoes
- ☐ *Miniature Golf
- ☐ Pickleball - Singles
- ☐ Pickleball - Doubles (Partner _____)
- ☐ Pickleball - Mixed Doubles (Partner _____)
- ☐ Racquetball
- ☐ Shuffleboard - Singles
- ☐ *Shuffleboard - Doubles (Partner _____)
- ☐ *Shuffleboard - Mixed Doubles (Partner _____)
- ☐ Table Tennis - Singles
- ☐ Table Tennis - Doubles (Partner _____)
- ☐ Table Tennis - Mixed Doubles (Partner _____)
- ☐ Tennis - Singles
- ☐ Tennis - Doubles (Partner _____)
- ☐ Tennis - Mixed Doubles (Partner _____)

SILVERARTS (Attach completed SilverArts Form(s))

- ☐ Cheerleader Showcase
- ☐ Heritage Arts
- ☐ Literary Arts (include entry(ies) with SilverArts Info Form)
- ☐ Performing Arts
- ☐ Visual Arts

Personal Information Form

Name _____

Please provide this information to help us. It will be kept confidential. Thank you!

- My ethnicity: ☐ American Indian or Alaska Native ☐ Black or African American ☐ Asian
☐ Native Hawaiian/Other Pacific Islander ☐ White ☐ Hispanic ☐ Unknown/Refused
- ☐ Yes, my annual household income is less than \$11,770 (1 person in household)
☐ Yes, my annual household income is less than \$15,930 (2 persons in household)
☐ No response

HEALTH INFORMATION (Optional)

This information may be shared with medical providers for your care during the Games.

Your Allergies: _____

- ☐ **Yes, enroll me in the Cabarrus County Senior Centers online registration (MySeniorCenter) & issue my card (free)**

WAIVER (Required)

In consideration of being allowed to participate in any of the Cabarrus County Senior Games athletics/sports program, and related events and activities, I, the undersigned, agree that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise my coach or supervisor of such condition(s) and refuse to participate. I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to us or not reasonably foreseeable at this time and I assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death. I release, waive, discharge and covenant not to sue Cabarrus County, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from any and all liability to myself, my heirs and next of kin for any and all claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

I agree to give Cabarrus County Senior Games the right to use any photographs or video taken of me, or quote made by me in order to promote the Cabarrus County Senior Games program.

I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be received in the NC Senior Games office in Raleigh by 11:59 p.m. on August 1st! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

I have read the above waiver and release, understand that I have given up substantial rights by signing it, and sign it voluntarily. Furthermore, all information is correct to the best of my knowledge and I will follow the mission of Cabarrus and North Carolina Senior Games and their rules.

Signature (required to participate)

Date

SilverArts Showcases Information Form

Please read ALL SilverArts information & rules before completing this form. SilverArtists/Group Leaders must complete this page and return with required registration forms by the entry deadline. **Only entries listed below will be accepted - no substitutions. Sub-categories must be selected for each entry by the Artist. All information for each entry must be completed.** Copy & complete additional pages as needed.

Artist Name _____

HERITAGE ARTS: Include all information below. **See Heritage Arts rules/guidelines on pages 8-9.**

Title #1 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

Title #2 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

Title #3 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

Title #4 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

VISUAL ARTS: Include all information below. **See Visual Arts rules/guidelines on pages 8-9.**

Title #1 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

Title #2 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

Title #3 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

Title #4 _____ Sub-category _____ Date completed _____

Size _____ # pieces in set _____ Weight _____

LITERARY ARTS: Include all information below. **See Literary Arts rules/guidelines on pages 8-9.**

Title #1 _____ Sub-category _____ Date completed _____

Title #2 _____ Sub-category _____ Date completed _____

Title #3 _____ Sub-category _____ Date completed _____

Title #4 _____ Sub-category _____ Date completed _____

IMPORTANT: Literary Arts entries **MUST** be submitted with the required registration forms by 2 pm on March 21.

Signature _____

Date _____

SilverArts Group Entry Form

ALL SOLO Performers/Group Leaders/Head Cheerleaders must complete this form and submit by the published deadline. Only group members listed below who also complete the required registration forms with payment by the published deadline will be eligible to compete with the act listed below. **Sub-category must be selected for each entry by the Artist/Group Leader. All information below must be complete at time of entry.** Copy & complete additional pages as needed. See Performing Arts/Cheerleader Guidelines on page 8.

Act Name: _____

Solo Performer/Group Leader/Head Cheerleader Name: _____

Contact Information: Home Phone: _____ Cell Phone: _____

Email address: _____

Mailing address & Zip: _____

Title of Music (if applicable): _____ Act Length: _____ minutes _____ seconds

Subcategory (MUST select one): ☐ Cheerleading ☐ Comedy/Drama ☐ Dance ☐ Instrumental
☐ Line Dance ☐ Vocal

Size Category (# in act): ☐ Solo (1) ☐ Small Group (____) ☐ Medium Group (____) ☐ Large Group (____)

Sound system needed? ☐ Yes ☐ No **# mics needed?** _____ **Piano needed?** ☐ Yes ☐ No

Describe props YOU will provide: _____ **# chairs needed?** _____

Does this act include any stunts (lifts, cartwheels, tumbling, etc.)?: ☐ Yes ☐ No

If yes, describe in detail. _____

ROSTER: EACH member of a group must complete required forms and submit with payment fee by the published deadline.

Name: _____ Name: _____

Name: _____ Name: _____

Name: _____ Name: _____

Name: _____ Name: _____

Name: _____ Name: _____

INTRODUCTION:

Include below a brief (3-4 sentences) introduction for the emcee to use -- include interesting facts about members, awards received, places performed, # of years in existence, etc. Try to provide information NOT used for previous performances.

IMPORTANT: Music for each act MUST be submitted on CD or flash drive with required registration forms. All acts are subject to review by staff. Mandatory Group Leader's meeting on March 28, 2pm at Senior Center - Concord.

Signature of Soloist/Group Leader/Head Cheerleader _____

Date _____

SilverArts Performing Arts/Cheerleading Information Form

PERFORMING ARTS / CHEERLEADERS: Please read ALL SilverArts information & rules before completing this form. SilverArtists/Group Leaders must complete this page and return with required registration forms by the entry deadline. **Only entries listed below will be accepted - no substitutions. Sub-categories must be selected for each entry by the Artist. All information for each entry must be completed.** Copy & complete additional pages as needed. EACH member of a group must complete an Entry Form and pay the entry fee. **All SilverArts performers** must complete the information below. **Group Leaders/soloists** must complete the Group Entry Form on page 15. **See Performing Arts/Cheerleader Guidelines on page 8.**

Name _____

Act Name #1 _____ Music Title _____

Group Leader/Soloist _____ Phone #(s) _____

Sub-category _____ # in Act _____

NAME of act #2 _____ Music Title _____

Group Leader _____ Phone #(s) _____

Sub-category _____ # in Group _____

NAME of act #3 _____ Music Title _____

Group Leader _____ Phone #(s) _____

Sub-category _____ # in Group _____

IMPORTANT: Music for Performing Arts and Cheerleading MUST be submitted with the required registration forms on CD or flash drive by 2 pm on March 21.

Signature _____

Date _____



Cabarrus Senior Games
A program of the Cabarrus County
Active Living & Parks Department
PO Box 707
Concord NC 28026-0707